

# The sun oasis

Where does the term come from?

*Article by Heinz Grill, posted 3<sup>rd</sup> June 2021  
(Translated Lisa Winchester)*

One evening Dr. Michael Birnthal, for a close circle of friends and colleagues, came up with the idea of a so-called cultural oasis, which, if you define it a little more precisely in terms of spirituality and its meaning, is a kind of sun oasis. He told an episode of Rudolf Steiner, in which he predicted the future spiritual development, what it might look like and what forms it would take. Spirituality will, as a result of materialistic predominance, be able to take few opportunities in public in the future. For this reason, people who live a demanding spirituality and don't want to wear themselves out with current events, must connect with each other in a favourable way, and release through reciprocal exchange a development potential.



*Hohenfels Castle's cultural oasis*

The name sun oasis, I myself give from an understanding of the inner effectiveness and the possible creative becoming-processes that people carry within themselves. The sun is the radiating planet, while in contrast the moon represents a large reflection disk for the sun's rays. In a very confused time, as this materialistic one is, at most, constant changes in the sense of outer measures can occur. People, however, with their potential, are usually only tolerated within very conforming conditions. Human sun-forces may arise as spiritual creative forces through independent development of spirituality. When the sun is shielded in the material structure by geo-engineering and people can no longer develop their power of self-determination, because they suffer too much under the stressful situations of dictatorial regulations, they must particularly bring the sun in their hearts to resurrection.

What or which form can a sun oasis represent? First of all, it is to be understood as a place where people with the same or similar goals meet, exchange ideas and think about preparations for further possibilities in the future. According to this very simple and very general definition, Klaus Schwab's World economic forum, in Davos, would also be a sun oasis. Certainly this is, however, not an oasis in which the sun shines into the future, but it is, if you define it simply, an abysmal, Neptunian lunar depth, because it is not based on a well-founded spiritual, philosophical, ecological and psychological, wisdom-filled vision. Lying in the core of a sun oasis and in each individual who partakes in it, must be a sufficiently established, well-founded and valid spirituality, which is not arbitrary and does not correspond to one's own subjective emotions and it must set free, in its centre, a discipline for meditation.

It is significant, however, that the sun oasis can on the one hand be thought of in one place, but if it is related entirely to modern times, it can be location-independent. It is carried through the people who meet with spirituality and with the same goal orientations. A Demeter (biodynamic) farm, which operates independently and can move freely in all decision-making issues, could, for example, represent such an oasis. Or it could even be a hospital or a yoga school, with its team that is free from administrative dictation and official religious guidelines, which could be an oasis in this sense.



*Andreashof (Demeter Biodynamic farm)  
Überlingen*

A married couple, who develop tasks for a radiating meditation, can be a unit in the sense of a spiritual, silent source of power. The problem, with the materialistic age today, is that one can spend endlessly and invest all one's energy in questions of existence and conflict resolution, this should not only be lessened by the idea of the sun oasis, but abolished. But it is a place where people meet for spirituality and show solidarity, not a place of escape, its more like a secret source of strength, as if like a fountain with refreshing water, where people live and offer refreshing water to a visitor.

### ***Ecological project in Italy***

In Italy, a place was founded by some people, which represents an ecological, spiritual project and radiates both a peaceful atmosphere for the environment, as well as liberating thought forces for the world in a super-ordinate way. There are training courses and internships; it is a place where many different motivations meet and exchange. In the entire territory there's no electric radio and therefore the atmosphere from the natural environment is very pure and restful. All kinds of animals, such as green lizards crawl across the meadow, people do not enter a wild biotope, but find an astonishingly well-kept, shaped out landscape and architecture. Constructive and inspired idea-power should bring forth from the oasis rays of love and power for the world.



*Ecological project in Italy*

### **The spiritual substance of the sun oasis**

The independence of people, if it is really achieved and well-founded, can work on the world with beneficial forces. The free person, who is individually founded and in co-operation with others, sends a great power outwards. This power is, therefore, great because they are free. The oasis must, therefore, be as independent as the sun in the firmament. Skills and psychological qualities, well-founded character traits and moral greatness, which a person has developed, are light-filled and warmth-giving forces, which not only act in close co-operation with people who work in the cultural community, but also illuminates the cosmos, as well as the earth. So, people in a sun oasis are a fiery germ, which quietly inspires the world with its sun-loving light and intimate warmth.

Metaphysically seen the sun wants to become the whole of the earth, because of this the individual person, as a representative of light, does not have to agree to any separation, division or devaluation. The sun of the cosmos unites in man and forms his heart.

The human being thrives towards growing uniqueness, love and individual strength. They carry the oasis, the chosen place of spirituality. Who else but the single individual should carry and take responsibility for spirituality?

Every culture does not immediately begin with external actions, but rather thrives in the silence of human souls. Thoughts and feelings with a future-oriented and morally high value form the root power for every development. The future power lives in the individual and arises in the community, in a close personal relationship, but it is, as it were, like a kind of manuscript, which has not yet been made fully available to the general public. Daring thoughts and best ideas develop into ideals in joint conversations and actions, and these flow out in a kind of sun-like arbour before they can be accepted by the general population. They are the emergent seeds for culture, charity, tolerance and an



*The idea has to be thought first*

attitude of sincerity.

## **Human qualities require a learning and a sacrifice**

When a sense of community and complete independence meet, sensitively in the heart, so many peacemakers rise up in the world. The souls, who dedicate themselves to a whole ideal without exception, can make a big difference because they not only propagate peace, they think it, feel it in reciprocal togetherness and accomplish high and highest deeds.

The sun oasis is a power source of inspiration, not only for the individual inner but for many people, who by virtue of outer, unforeseen circumstances, suddenly feel called to ethically high standing actions. It is a gift, which thrives in the sun oasis through thoughts and meditations and this carries itself into a worldly situation. As if by magic, political situations with a negative content can suddenly find a change and healings occur that would have been impossible.



*The implementation then takes place in well-coordinated cooperation.*

The meditation power of the sun oasis awakens the human potential to goodness, without communicating to them externally. It is the archangel, who quietly carries out the most outstanding ideals of thought over the world.

The thought is sun-power. In the reciprocal attunement of the individual contributors, the sun oasis shines with that sovereignty, as it corresponds to freedom, in the best sense. When an ideal is free and with intent, shared with one another and thought for the world, free from economic constraints and vain enjoyment, with a willingness to perform, there is no doubt.

The true and thought thought will one day hold its own ground.

## **Discipline and sacrifice**

And a little word about the very frowned upon concept of the victim should not be missing: All those involved with the sun oasis want as the highest goal, without reserve and hesitation, the resurrection of man, their best ideals and most beautiful values. The human being has to sacrifice himself for this idea in the petty ego. The duty to develop requires work, every day, every hour. Disdainful should those feel, who claim the sun oasis as a selfish refuge for themselves.

The discipline of development is good. It carries that magic within itself, which allows radiant joy to rise in dark days. What is beauty?

Beauty is the faithful companion of soul-spirit development of the human being.

## **Footnote**

1. The sun shines in light while the moon reflects this same light. The human brain can reflect thoughts. That is why the brain is a moon organ. The sun, however, is the creative source. It is the immediate dimension of the mind. The moon could be called the mathematician who is full of wisdom, however, the sun is the immediate source that creates wisdom.

2. If you compare the Old and New Testaments, you notice that Moses brought the laws and the prophets proclaimed Christ. Christ himself, however, directly brought radiant love and, as it is said in many testaments, the fulfilment of the law. He is the coming sun for the earth. For this reason, in anthroposophy, the Christ is connected with the sun spirit.

3. Just as there is a sun spirit, there is also a sun demon. A Christian-spiritual work carries through the times through various special personalities. To the same extent there are people who appear so demonic and fanatical that they suppress all good impulses that want to be resurrected in humanity and make destructive decisions against development issues. Today, in a time of irrationality, they are powerfully effective and show themselves in some typical personality structures.

4. The sun oasis should not be confused with the term cultural oasis, which emerged in the Corona period. In general, cultural oases are referred to as gathering and meeting points for people who, due to the time problem, exchange ideas outdoors, for example. They are, however, organized in a non-binding way. From the cultural oasis one would have to learn to concentrate on the sun oasis and develop a greater responsibility in specific respects through meditation and mental alignment with the world.